

MINISTRY OF HEALTH  
HOSPITAL: \_\_\_\_\_  
Occupational Therapy Department  
Area of Service: \_\_\_\_\_

Patient's Name: \_\_\_\_\_  
Civil ID   
File No: \_\_\_\_\_ Age: \_\_\_\_\_  
Gender:  M  F Nationality: \_\_\_\_\_

D.O. Referral: / / Physician: \_\_\_\_\_  OPD  IP Ward: Room: Bed:

D.O. Assessment: / / Diagnosis: \_\_\_\_\_

Occupation: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Past History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Present History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Investigation: \_\_\_\_\_

Medication: \_\_\_\_\_

Precaution / Contra-indication: \_\_\_\_\_

**SOCIAL HISTORY:**

Caregiver: Family support  Caregiver support

Family status: Single  Married  Divorce  Siblings No. \_\_\_\_\_ Children No. \_\_\_\_\_

Living environment: House  Apartment  Elevators  Stairs  Ramps  Other Obstacles \_\_\_\_\_

**Assistive devices used:**

Cane  Walker  Crutches  Wheelchair   
Hearing aids  Eyeglass  Splint/Cast  Prosthesis   
Tube Feeding  Catheter  Other:  \_\_\_\_\_

**Function/ Associative impairment:**

GMFCS: Level I  Level II  Level III  Level IV  Level V  N/A   
MACS / Mini Macs: Level I  Level II  Level III  Level IV  Level V  N/A   
CFCS: Level I  Level II  Level III  Level IV  Level V  N/A

**PAIN:** (Pain Scale: no pain 0 ----- 10 worst pain)

Client: Not significant  Pain Site:  \_\_\_\_\_ Pain Scale:  \_\_\_\_\_  
Caregiver: Not significant  Pain Site:  \_\_\_\_\_ Pain Scale:  \_\_\_\_\_

**Difficulty with Functional Skills:**

Co-occupations  Occupations   
Swallowing / Eating  Feeding  Showering  Grooming  Sleep/ Rest   
Dressing: Upper Body  Lower Body  Toileting: Pamper  Bowel  Bladder   
Play  Work /School  Leisure  Home Management  Social participation   
Functional Mobility: Indoor  Outdoor  Bed Mobility  Stair (upstairs / down stair)  Ramps

**Performance Pattern:** (Habit / Routine / Rituals / Roles)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PERSONAL CONCERNS / VALUES / INTERESTS:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_









**GOAL ATTAINMENT SCALE (GAS) – Outcome Measures**

-2	-1	0	+1	+2
<b>Plan of Discharge:</b> Discharge <input type="checkbox"/> Discontinue <input type="checkbox"/> Follow-up <input type="checkbox"/> Home Program <input type="checkbox"/>				

**TREATMENT PLAN**

**Target Outcome:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Occupational Improvement | <input type="checkbox"/> Occupational Enhancement | <input type="checkbox"/> Prevention           |
| <input type="checkbox"/> Health & Wellness        | <input type="checkbox"/> Quality of life          | <input type="checkbox"/> Participation        |
| <input type="checkbox"/> Role Competence          | <input type="checkbox"/> Well-being               | <input type="checkbox"/> Occupational Justice |

**Type of OT Intervention:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Occupation              | <input type="checkbox"/> Activities                | <input type="checkbox"/> Preparatory Methods        |
| <input type="checkbox"/> Splints                 | <input type="checkbox"/> Assistive Technology      | <input type="checkbox"/> Environmental Modification |
| <input type="checkbox"/> Wheeled Mobility        | <input type="checkbox"/> Preparatory Task          | <input type="checkbox"/> Client/ Family Education   |
| <input type="checkbox"/> Client/ Family Training | <input type="checkbox"/> Advocacy / Self- Advocacy | <input type="checkbox"/> Groups                     |

**Approaches to Intervention**

- |   |  |                                   |
|---|--|-----------------------------------|
| <input type="checkbox"/> Create/ Promote (Health Promotion) | <input type="checkbox"/> Establish/ remediation          | <input type="checkbox"/> Maintain |
| <input type="checkbox"/> Modify (compensation/Adaptation)   | <input type="checkbox"/> Prevent (Disability Prevention) |                                   |

**Model of Practice/ Frame of Reference (FOR):**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Model of Human Occupation    | <input type="checkbox"/> Occupational Adaptation | <input type="checkbox"/> PEO Model          |
| <input type="checkbox"/> Ecology of Human Performance | <input type="checkbox"/> Biomechanical FOR       | <input type="checkbox"/> Rehabilitation FOR |
| <input type="checkbox"/> Neurodevelopment Theory      | <input type="checkbox"/> Sensory Integration FOR | <input type="checkbox"/> Behaviorism        |
| <input type="checkbox"/> Cognitive Disability FOR     | <input type="checkbox"/> Motor Learning FOR      | <input type="checkbox"/> Developmental FOR  |
| <input type="checkbox"/> Other: _____                 |  |   |

**Preparatory Methods Techniques / Skill Training Task**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Developmental Skill Activities     | <input type="checkbox"/> Posture Training Activities         | <input type="checkbox"/> Cognitive skill training     |
| <input type="checkbox"/> Pain Management                    | <input type="checkbox"/> Oedema Management                   | <input type="checkbox"/> Scar Management              |
| <input type="checkbox"/> UE ROM Activity                    | <input type="checkbox"/> LE ROM Activity                     | <input type="checkbox"/> Trunk ROM Activity           |
| <input type="checkbox"/> UE Strengthen Activity             | <input type="checkbox"/> LE Strengthen Activity              | <input type="checkbox"/> Trunk Strength Activity      |
| <input type="checkbox"/> Bed Mobility Training Activity     | <input type="checkbox"/> Sitting Balance Activities          | <input type="checkbox"/> Standing Balance Activities  |
| <input type="checkbox"/> Core Muscle Strengthening Activity | <input type="checkbox"/> Gross motor Coordination Activities | <input type="checkbox"/> Fine Motor Coordination Task |
| <input type="checkbox"/> Handwriting skill training         | <input type="checkbox"/> Behavioural techniques              | <input type="checkbox"/> Motor Planning Activities    |

**Occupation Training:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Showering                          | <input type="checkbox"/> Toilet Training (Bowel/ Bladder)     | <input type="checkbox"/> Swallowing / Eating        |
| <input type="checkbox"/> Feeding (Finger /Spoon /Fork /Cup) | <input type="checkbox"/> Upper garment dressing (Donn/Doff)   | <input type="checkbox"/> Socks (Donn/ Doff)         |
| <input type="checkbox"/> Lower Garment Dress (Donn/Doff)    | <input type="checkbox"/> Shoes (Donn / Doff)                  | <input type="checkbox"/> Grooming                   |
| <input type="checkbox"/> Functional Mobility (Bed Mobility) | <input type="checkbox"/> Wheeled Mobility Training            | <input type="checkbox"/> Rest / Sleep Participation |
| <input type="checkbox"/> Play (Exploration / Participation) | <input type="checkbox"/> Leisure (Exploration/ Participation) | <input type="checkbox"/> Peer group Participation   |
| <input type="checkbox"/> Sibling group Participation        | <input type="checkbox"/> Playground Participation             | <input type="checkbox"/> School Participation       |
| <input type="checkbox"/> Pre-school Preparation             | <input type="checkbox"/> Work Participation                   | <input type="checkbox"/> Cooking Participation      |

Comment : \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

OT NAME & SIGNATURE \_\_\_\_\_







