



**Physical Medicine and Rehabilitation Hospital  
Occupational Therapy Department**

Referral indicator/ Area of child's difficulty	0-3 months	3 - 6 months	6 - 9 months	9 - 12 months	12 - 15 months	15 - 18 months	18 - 21 months	21 - 24 months
Name: _____ Age in months: _____								
Diagnosis: _____ DOA: _____ File No: _____								
GMFCS: _____ Macs/MiniMacs: _____ CFCS: _____								
<b>Grading:</b> A – Able (100%); PA – Partially Able (50 %); UA– Unable (>10 %)								
<b>Eating / Feeding:</b> Smoothly sucks from nipple ( 0- 3)								
Infrequently "roots" towards food or objects (0-3)								
Infrequently bites down on spoon( 3-6)								
Infrequently gags (only when appropriate) ( 3-6)								
Munches food (chewing up and down) ( 3-6)								
Uses purposeful tongue movement( 3-6)								
Pulls food off spoon with lips( 3-6)								
Holds own bottle ( 6-9)								
Assists in drinking from cup that is held by adult ( 6-9)								
Eats junior or mashed table food without gagging ( 6-9)								
Cleans lower lip with teeth( 6-9)								
Chews with rotatory/side-to-side action( 6-9)								
Feeds self with fingers ( 9-12)								
Hold and drinks from cup ( 9-12)								
Brings spoon o mouth and eats food off of it ( 9-12)								
Scoops food from dish with spoon( 12 -15)								
Chews well ( 9-12)								
No longer uses bottle or breast ( 9-12)								
Feeds self without spilling (with no help)( 18-21)								
Drinks from straw ( 18-21)								
Feeds self-meal with spoon and cups as main utensils ( 21- 24)								
Distinguishes between edible and non-edible substance (21-24)								
<b>Dressing:</b> Cooperates in dressing and undressing ( 9-12)								
Partially pulls shirts overhead ( 9-12)								
Removes loose clothing ( 12-15)								
Unties shoes or hat as an act of undressing ( 15-18)								
Unfastens clothing zipper that has a large pull tab ( 18-21)								
Removes simple clothing ( e.g. open shirt or jacket, stretch pants) ( 21-24)								
<b>Toileting:</b> Indicates need for soiled diaper or pants to be changed ( 15-18)								
Cooperates with diaper changing ( 18-21)								
Stays dry for 2 to 3 hours periods during the day ( 21-24)								
<b>Grooming:</b> Enjoys playing with water ( 6-9)								
Does not drool ( 9-12)								
Cooperates in washing and drying hands ( 12-15)								
Allows teeth to be brushed ( 15-18)								
Allows nose to be wiped ( 18-21)								
Washes own hands ( 21-24)								
Wipes nose if given tissue ( 21-24)								
<b>Remarks:</b>								



Physical Medicine and Rehabilitation Hospital  
Occupational Therapy Department

Referral indicators - CHILD OCCUPATIONAL THERAPY REFERRAL CHECKLIST - 0 months to 24 months

Referral indicator/ Area of child's difficulty	0-3 months	3 - 6 months	6 - 9 months	9 - 12 months	12 - 15 months	15 - 18 months	18 - 21 months	21 - 24 months
Name: _____ Age in months: _____								
Diagnosis: _____ DOA: _____ File No: _____								
GMFCS: _____ Macs/MiniMacs: _____ CFCS: _____								
Grading: A - Able (100%); PA - Partially Able (50 %); UA- Unable (>10 %)								
<b>Motor skills:</b> Hold head steady when held(0-3)								
Hold trunk steady when held at hips(3-6)								
Roll over either side(3-6)								
Moves to sitting position(6-9)								
Sits alone(6-9)								
Creeps (On stomach/on four) (6-12)								
Pulls to stand(9-12)								
Stands alone(12-15)								
Creep up stairs(12-15)								
Creep down stairs (backward) (12-15)								
Moves to standing position(12-15)								
Independently walks (12-14)								
Walks up stairs (same foot placement) (15-18)								
Runs(18-21)								
Jumps on floor(18-21)								
Jumps off (from high) (21-24)								
<b>Hand skills :</b> Actively moves arm after seeing or hearing (0-3)								
Looks at hands or toys when presented(0-3)								
Moves hands to mouth(0-3)								
Hold objects placed in hand (shakes rattle, bangs object) (3-6)								
Rakes and scoops small objects (i.e. finger against palm) (3-6)								
Look for or Reaches and hold objects within sight that touch the body(6-9)								
Raises both hands to reach and/or picked up(6-9)								
Claps hands (6-9)								
Handle objects with hands and fingers(6-9)								
Release objects (6-9)								
Transfer objects from hand to hand(6-9)								
Bangs two objects together(6-9)								
Remove objects from holder (rings from post, pegs from hold) (9-12)								
Uses both hands(one hand to holds the toys& other manipulates it/Holds bowl& stirs) (9-12)								
Hits drum with sticks(12-15)								
Release object into container(12-15)								
Build (imitate) block (two) (12-15)								
Corrals the ball when rolled(12-15)								
Rolls ball back and forth(15-18)								
Enjoys swinging and slides(15-18)								
Unscrew small lids / Unwrap edible items (18-21)								
Demonstrate hand preference(24-30)								
Turns doorknob(24-30)								
Kicks the ball(18-21)								
Throw balls(21-24)								



Physical Medicine and Rehabilitation Hospital  
Occupational Therapy Department

Referral indicators - CHILD OCCUPATIONAL THERAPY REFERRAL CHECKLIST – 24 months to 60 months

Referral indicator/ Area of child's difficulty	24-30 months	30 - 36 months	36 - 42 months	42 - 48 months	48 - 54 months	54 - 60 months
Name: _____ Age in months: _____						
Diagnosis: _____ DOA: _____ File No: _____						
GMFCS: _____ Macs/Mini-Macs: _____ CFCS: _____						
Grading: A – Able (100%); PA – Partially Able (50 %); UA– Unable (>10 %)						
<b>Motor skills:</b> Walks up/ down stairs(alternative foot placement) (24-36)						
Hops (on both foot, on single foot) (36-60)						
Skips(42-60)						
<b>Hand skills :</b> Demonstrate hand preference ; Turns doorknob (24-30)						
Transfer material with spoon(30-36)						
Catches ball(30-36)						
<b>Eating / Feeding:</b> Begins to use fork ( 24- 30)						
Drinks from small glass held with one hand/ turns tap on and off( 24- 30)						
Pours liquids from one container into another (30-36)						
Swallows food in mouth before taking another bite ( 36- 42)						
Independently fixes bowl of dry cereal with milk ( 42- 46)						
Holds fork in fingers ( 42- 46)						
Independently drinks from water fountain ( 48- 54)						
Independently fixes sandwich ( 54- 60)						
<b>Dressing:</b> Removes shoes /coats / Puts on simple clothing (e.g. pants, socks)(24 – 30)						
Puts on all clothing, undoes fasteners (e.g., large buttons, snaps, shoelaces) (30-36)						
Independently puts on coat / Buttons clothing (36-42)						
Dresses and undresses with little assistance ( 48-54)						
Zips front –opening clothing ( 54-60)						
<b>Toileting:</b> Urinates when placed on toilet (24-30)						
Has bowel movements when placed on toilet (24-30)						
Usually indicates / Uses toilet by self, except for cleaning after bowel movements (30-36)						
Cares for self at toilet (may need assistance cleaning after bowel movement)(42-48)						
Flushes toilet after use ( 48-54)						
Cleans self after bowel movement (54-60)						
<b>Grooming:</b> Dries hands (24-30)						
Brushes teeth with assistance (30-36)						
Washes self with washcloth (30-36)						
Washes and dries hands and face without assistance (36-42)						
Uses napkin without prompting to wipe messy face while eating (36-42)						
Brushes teeth independently (42-48)						
Brush or comb through hair (48-54)						
Blows nose independently on request (54-60)						
<b>Remarks:</b>						